



Where stars are born!
Une éducation dans l'art de la danse!

Re-Opening Powell School of Dance Inc.!

Health & Safety Protocol
Updated July 15, 2020
Updated August 20, 2020

Following the Stage 3 announcement by the Honourable Premier Doug Ford, and confirmed by written authorization of the Eastern Ontario Health Unit, Powell School of Dance Inc. is permitted to re-open our doors to the public for in-person classes!

The following guidelines are in accordance with the *Eastern Ontario Health Unit Guidance for Reopening Sport and Recreation Facilities*.

Important:

- Under no circumstances will any PSOD Faculty, Staff or Dancer be permitted inside the building if they are not feeling well.
- This includes, but is not limited to, a fever, chills, aches, fatigue, coughing, sneezing, a sore throat, earaches, and/or an upset stomach. Please refer to the EOHU website for a complete list of symptoms.
- Anyone that exhibits at least one COVID-19 symptom is not permitted to enter Powell School of Dance Inc. In such a case, please self-isolate and consider visiting a COVID-19 Assessment Centre to be tested.
- Individuals who have COVID-19 symptoms but have not been tested for COVID-19 may not participate in dance classes, should self-isolate for 14 days after the start of the first symptom and until they have been symptom-free for at least 24 hours.
- Thank you for your co-operation in keeping the PSOD Community safe and healthy!

What you will need:

- Every dancer is responsible for bringing a basket or small bin personalized with a name tag. The bin will be used to store outdoor footwear and clothing in the designated shelves in the reception room. We recommended a laundry basket to ensure all personal belongings will fit in one place.
- All dancers will be responsible for a pair of indoor shoes that can be worn around the studio when not dancing.
- Masks are mandatory when not dancing.



Where stars are born!

Une éducation dans l'art de la danse!

Before Leaving Home:

- Parents/guardians, dancers, Faculty & Staff: Please take your temperature at home with a thermometer, and send an email to Powell School of Dance with your confirmed temperature for that day (email: info@powellschoolofdance.com).
- If your temperature is equal to or over 37.8 degrees Celsius, please notify Powell School of Dance Inc. that your dancer will not be attending their lesson. There is no refund on missed lessons. Only make-up classes will be honoured.
- Parents/guardians, dancers, faculty & staff: Please complete the provided COVID-19 self-assessment questionnaire before leaving home.

Arrival:

- Arrival will take place one car at a time at the front door of 435 Second Street West.
- Parents/Guardians will enter the parking lot, and drop-off their dancer at the front door of the building. Please stay in your car.
- A PSOD Staff Member will meet 1 dancer at a time at the front door.
- Dancers will be instructed to clean their hands with hand sanitizer before entering.
- A PSOD Staff Member will escort 1 dancer at a time directly to their designated studio.
- If a dancer expresses they are not feeling well, once they have already arrived at the studio, their temperature will be taken with a forehead thermometer, they will be brought to the reception desk, and their parents/guardians will be called.

Parents/Guardians:

- We must kindly ask that parents/guardians wait in their car for the duration of their dancer's lesson.
- All correspondence must be done by phone/email or by appointment only.
- Parents/Guardians of our pre-school and dance therapy students will be permitted to wait in our reception room, providing space permits.
- All visitors to PSOD must check-in and check-out by providing their personal contact information on the sheet found at the entrance of the building.

Reception Room:

- Please no more than 8 attendants in our reception for our pre-school and dance therapy students.
- Providing space permits, only 1 parent/guardian per dancer. No siblings please.
- You will find our chairs to be spaced 2 metres apart.
- Masks are required.
- Along with your dancer, you will be required to complete the self-assessment questionnaire, take your temperature before leaving home, clean your hands upon entering and wear a mask.
- All visitors to PSOD must check-in and check-out by providing their personal contact information on the sheet found at the entrance of the building.

Inside The Studio:

- Our dressing rooms will be closed to all dancers for the foreseeable future.
- Dancers are asked to come to dance class dressed in their uniform.
- Dancers are asked to keep all dance shoes, water bottles, and snacks in a personal bag.



Where stars are born!

Une éducation dans l'art de la danse!

- Once inside the designated studio, dancers will be assigned a spot to store their belongs and wait for their class to begin.
- Only 1 dancer at a time will be permitted to use the washroom.

Social Dis-Dancing!

- Our studios are gridlocked with tape to respect the measurements of 8 feet by 9 feet. These grids are measured to ensure ample dance space and required physical distancing space.
- Dancers will be assigned to 1 square of space for centre floor work.
- Across the floor work will take place 1 dancer at a time, while the other dancers return to their chairs to wait their turn.

Classroom Props:

- Powell School of Dance Inc. will not be using our classroom props for the foreseeable future.
- The teacher will contact you with a list of props, if they are needed for your dancer's class.
- General props that are good to keep in your dance bag include:
 - o A small washcloth
 - o A clean pair of socks
 - o A yoga block, book or small pillow
 - o A yoga mat
 - o A box of tissues or cotton balls
 - o A small teddy bear (for preschoolers)
- Personalized props should be labelled and individually wrapped in a Ziploc bag.
- Personalized props should be sanitized regularly.

Corrections:

- Powell School of Dance Inc. believes in providing our students with physical corrections to help them understand and improve their technique.
- However, for the foreseeable future, Powell School of Dance Inc. will instead give verbal corrections to our students. Our teachers have been trained to be creative with their lessons plans, and ultimately continue to achieve the same level of standard in teaching. We will continue to work towards successful results!
- All spotting in Acro class will be kept to a minimum. If the teacher needs to spot for safety, both the teacher and student will sanitize their hands and feet before and after contact. The teacher will wear a mask while in close physical contact.

Dismissal:

- Dismissal will take place at the front door of Powell School of Dance Inc, 435 Second Street West, one student at a time.
- Parents/Guardians are asked to park their car, exit their vehicle, and come to the front door to meet their dancer. As the days become shorter, it will become increasingly difficult for the teacher to feel safe dismissing her dancers into a dark parking lot. Thank you for your collaboration.



Where stars are born!

Une éducation dans l'art de la danse!

Scheduling:

- Powell School of Dance Inc. will be scheduling 15 minutes between all classes.
- 5 minutes is assigned to arrival.
- 5 minutes is assigned to dismissal.
- 5 minutes is assigned to sanitizing the studios, including the barres, sound system, iPad, chairs, doorknobs, light switches, Acro mats and bathrooms.
- Powell School of Dance Inc. must insist that late arrivals and late pick-ups are strongly discouraged.

Face Masks & Shields:

- As per the *Mandatory Mask Directive for Enclosed Spaces* issued by the Eastern Ontario Health Unit on July 6, 2020, all PSOD Faculty, Staff, Students, and Parents/Guardians will be required to wear a mask upon entry and exit of the building. Exceptions apply. Please review on the EOHU website.
- Once students are placed in their socially dis-danced spot in the dance studio, and once they begin physical activity begins, PSOD dancers are permitted to remove their mask.
- Please have your student equipped with a clean re-usable container to store their mask.
- PSOD Faculty & Staff will wear a face shield once teaching begins.
- If your dancer's mask is a re-usable one, please be sure your dancer's mask is washed regularly.

Sanitizing:

- All PSOD Dancers, Faculty & Staff must sanitize their hands upon arrival, after class, and upon dismissal.
- All PSOD Dancers, Faculty & Staff must wash their hands for 20 seconds (sing the happy-birthday-song 2 times!) after using the washroom.
- All Acro students will be required to sanitize their feet, in addition to their hands, before and after class.
- All PSOD Dancers, Faculty & Staff are encouraged to avoid touching the face at all times.
- All PSOD Faculty & Staff will sanitize the studios before and after all classes. This includes the barres, sound system, iPad, chairs, doorknobs, light switches, Acro mats and bathrooms.
- The floors are washed with disinfectant every night, and a professional deep cleaning with a Zamboni is done every 2 weeks.

Group Size:

- Group size cannot exceed the current government limits on gatherings. Currently, the total number permitted to be at Powell School of Dance Inc., either in classes or reception room, at any one time must be limited to the number that can maintain a physical distance of at least 2 metres, and cannot exceed the indoor gathering limit of 50 people.

Contingency Plan:

- In the event of cancellation due to inclement weather: Class will be held on Zoom.
 - o Fees will continue to be charged to your account with *no change*.



Where stars are born!

Une éducation dans l'art de la danse!

- In the event of an uptick in cases of COVID-19 that *does not* order Powell School of Dance Inc. to close our doors: Powell School of Dance Inc. will offer our classes in a hybrid format.
 - o This means classes will continue in person for those who are comfortable attending in-person.
 - o Classes will be simultaneously taught on Zoom for those who are comfortable attending from their home.
 - o Fees will continue to be charged to your account with *no change*.
- In the event of an uptick in cases of COVID-19 that *does* order Powell School of Dance Inc. to close our doors: Parents/Guardians will be given the following options:
 - o A 5-day grace period to put their account on hold *with no* access to Zoom classes.
 - o A 5-day grace period to confirm the continuation of their account *with* access to Zoom classes.

Thank you for your co-operation in keeping the PSOD Community safe and healthy!